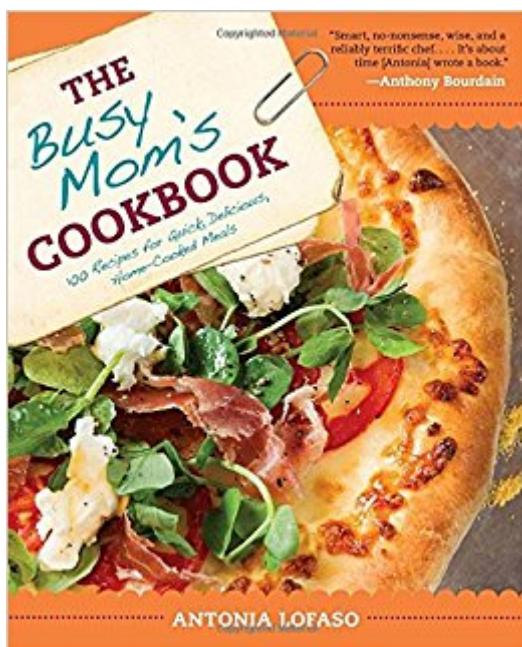


The book was found

# The Busy Mom's Cookbook: 100 Recipes For Quick, Delicious, Home-Cooked Meals



## Synopsis

Bravoâ™s Top Chef All-Star and Los Angeles executive chef serves up more than 100 quick and easy family recipes that she developed as a hardworking single mom. Many busy moms dread the challenge of getting a delicious and healthy home-cooked meal on the table. For single mom Antonia Lofaso, the issue hits especially close to home as she continues to do appearances for Bravo while working as an executive chef. Showcasing Lofasoâ™s top picks for quick and satisfying meals, The Busy Momâ™s Cookbook includes breakfast favorites ranging from pancakes to the worldâ™s best blueberry muffins, and easy but satisfying dinners such as Beef Stroganoff with Creamy Pappardelle and Fish Tacos with Corn Tomatillo Salad. She even tackles the brown-bag lunch with choices that the other kids will envy, including BBQ Chicken Pita Pocket and Turkey-and-Swiss Panini. The Busy Momâ™s Cookbook is the first book to bring star-quality culinary expertise to the specific needs of busy parents. Laced with memories and lessons from Lofasoâ™s own experience as a working mom, this cookbook speaks from the heart with inspiring, real-world wisdom and plenty of lighthearted humor to encourage every reader to savor the rewards of making mealtime memorable.

## Book Information

Paperback: 224 pages

Publisher: Avery; Reprint edition (August 6, 2013)

Language: English

ISBN-10: 1583335331

ISBN-13: 978-1583335338

Product Dimensions: 7.4 x 0.6 x 9.2 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 23 customer reviews

Best Sellers Rank: #696,392 in Books (See Top 100 in Books) #96 in Books > Cookbooks, Food & Wine > Special Diet > Cooking for Kids #1837 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #76791 in Books > Health, Fitness & Dieting

## Customer Reviews

"Antonia was a contestant I was always happy to see on Top Chef, when judgingâ™ or simply watching at home. As a judge, I was relieved to see her as I knew that, if nothing else, I'd be eating well that day. One of the strongest competitors and best cooks ever to appear on the long running series. Smart, no nonsense, wiseâ™ and a reliably terrific chef. She grounded the seasons on which

she appeared with smart decision making, soulful flavors, and the kind of leadership qualities others would be wise to emulate.Â It's about time she wrote a book."â "Anthony Bourdain, bestselling author of Kitchen Confidentialâ œAntonia has combined Top Chef tasty with busy-mom easy to make incredibly delicious and approachable recipes. Schedule-juggling supermom or not, anyone with a busy schedule and a desire for quick homemade goodness will find themselves returning to this cookbook time and time again.â •â "Carla Hall, Top Chef fan favorite and co-host of ABCâ ™s The Chewâ œAntonia is a friend, but also an undisputed creative chef. Many moms will enjoy the quick, delicious and accessible recipes, but more important they can teach their kids about food and the importance of the bonding and memories that can happen when you share food around a table as a familyâ "just the way Antonia grew up in her family. A must not only for moms, but for any home cook!â •â "Hubert Keller, chef & owner, Fleur de Lys

A graduate of the French Culinary Institute, Antonia Lofaso was most influenced by her time cooking at Spago before becoming executive chef at Foxtail and now Black Market Liquor Bar in Los Angeles, where she lives with her daughter. She appeared on the fourth season of Bravoâ ™s Top Chef and returned as a fan favorite and finalist on Top Chef All-Stars.

I thought it would be simple meals with simple ingredients but I as a busy mom, I still felt incapable of some of these recipes.

The recipes are good but too many ingredients i do not have in my pantry.

I bought this for my sister who is a new mother and needed quick easy meals and every one she has cooked she has raved about!

Not quite simple meals at all despite what the book title implies.

Pages are missing

Good product fast delivery

Love Antonia's work!

Easy and quick recipes.

[Download to continue reading...](#)

The Busy Mom's Cookbook: 100 Recipes for Quick, Delicious, Home-Cooked Meals Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People (crock pot dump meals, crockpot dump dinners, dump dinners) Casseroles: 365 Days of Casserole Recipes for Quick and Easy Meals (Casserole Cookbook, Party Recipes, Family Meals, One Dish Recipes, Dump Dinner, Make Ahead Meals) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) Mug Recipe Book: Your Guide to Quick and Easy Mug Recipes: Mug Recipes for Beginners (Mug Recipes, Mug Recipe Cookbook, Quick and Easy Meals, Delicious Recipes) Dump Dinners: 365 Days of Quick And Easy Dump Dinners Recipes Cookbook For Busy People (Dump Cakes and Dump Dinners, Dump Dinners Cookbook,Quick Easy Meals) CAKE COOKBOOK: The Top 100 Cake Recipes: cake recipes, cake cookbook, cake, cake recipe, cake recipe book, delicious cake recipes (cake recipes, cake ... cake recipe book, delicious cake recipes) The Everything Wild Game Cookbook: From Fowl And Fish to Rabbit And Venison--300 Recipes for Home-cooked Meals Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar (mason jar meals, mason jar recipes, meals in a jar, mason jar salads, mason jar lunch, salad to go, quick and easy recipes) Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes (Easy Recipes Cookbook Book 2) Freezer Meals: 365 Days of Quick & Easy, Make-Ahead Meals For Busy Families (Freezer Recipes, Freezer Cooking, Dump Dinners, Make Ahead, Slow Cooker) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicous Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Mug Meals Cookbook: 95 Delicious Quick And Easy Microwave Meals In A Mug, Microwave Recipes The 5-Ingredient Or Less Instant Pot

Cookbook: Top 100 Quick, Easy & Delicious Electric Pressure Cooker Recipes for Busy People  
Easy Spring Roll Cookbook: 50 Delicious Spring Roll and Egg Roll Recipes (Spring Roll Recipes, Spring Roll Cookbook, Egg Roll Recipes, Egg Roll Cookbook, Asian Recipes, Asian Cookbook Book 1) CROCK POT: 500 Best Crockpot Recipes (crockpot cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook, crockpot freezer meals, slow cooker cookbook)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)